

NORFOLK BOWMEN COVID RULES

*From **Monday 29th March**, outdoor sports and physical activities can reopen, if they can do so safely, and in line with related public health guidance.*

To reopen the ground, we must adhere to Social distancing and Government guidelines. The following items will ensure that everyone is kept safe and that we can remain open. If these guidelines are abused, we may be forced to close again.

1. You must shoot on separate targets. If you live together you can shoot on the same target.
2. This will mean that we are limited to how many archers can practice at the same time.
3. Keep a minimum of 2 metres apart, this includes setting up and getting in and out of cars.
4. Target bosses to be spaced out with a minimum 4 metre gap between each one. Lanes are cut at two metre spacing.
5. When moving targets wear gloves.
6. Each archer withdraws their own arrows maintaining 2 metres distance.
7. Cars are to be parked away from the shooting line.
8. Please bring your own hand sanitiser for use when entering and leaving the site.
9. Keeping 2 metres apart reduces the risk of transmission, further risk reduction of giving it to another can be created by use of face coverings, please use your own and take it with you when you leave.
10. Please keep a target face and pins and use it for yourself, replacements are available.
11. Please take any masks, gloves, or other waste with you.